

BERDUGO MARTIAL ARTS

Class Schedule
 Grandmaster Michael Bowers
 (503) 657-3408

January 1, 2012 – June 30, 2012

TIME	MON	TUE	WEN	THU	FRI	SAT
9:00am	Basic (U)	Mt Hood C.C.	Basic (U)	Mt Hood C.C.		Black Belt
10:00am						Basic (U)
11:00am						Sparring (M)
4:25-4:55		Kids Zone 6-8		Kids Zone 6-8	PRIVATE	
5:00-5:45 Teens= 5:55	Kids Stick 14-18	Kids Stick Zone 9-13	Kids Stick 14-18	Kids Stick Zone 9-13	PRIVATE	
6:00-6:55	Advance Intermediate (U)	Basic (U)	Advance Intermediate (U)	Basic (U)	Black Belts Only	
7:00-7:55	Basic (U)	Knife Con. (M)	Basic (U)	Philippine (M)	Lakans	
8:00-8:55	Berdugo (U)	Sparring Con. (M)	Berdugo (U)	Philippine (M)		

Berdugo Martial Art Classes & Courses

- **Kids Stick (Zone)** = Train 2 times a week.
- **Basic Course** = Levels 1-4 (Train 2 times a Week)
- **Unlimited Course (U)** = Means you can train in any class marked with a U (according to your level) as often as you want including the Berdugo class
- **Berdugo Class (U)** = A Chance to use your Kombat skills in a stress filled atmosphere
- **Masters Course (M)** = Those who want to excel in reality based training. (All the Benefits of the Unlimited course + the xtras)

CLASS SCHEDULE MAY BE CHANGED AT ANY TIME

www.berdugo.us
www.kombatan.us