

Greetings from Berdugo Martial Arts Center!

It has been a very busy year in the Pacific Northwest. Back in January, Master Bowers began a total renovation of our training facility. After much sweat and work, we now have a fully state of the art school complete with beautiful changing areas, 5 full-length heavy bags, mirrors, and a spacious, plush floor. Many thanks to those who put their efforts into achieving this. The renovations also extended to a reformatting of the school's class structure and curriculum, adding significantly more material to each of the Kombat levels that are taught at the school. To top off the changes, the school has received a new name and logo: Berdugo Martial Arts – "Live as if every day were your last."

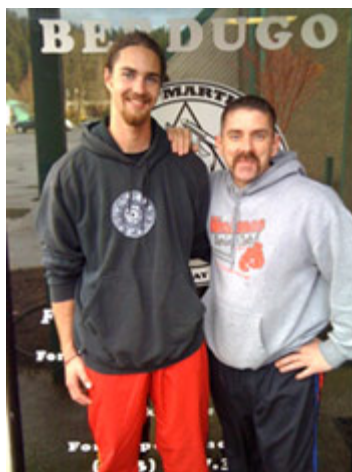
Master Bowers has significantly amped up our demos and events this year. We have had free outreach seminars covering the basics of Arnis for the community, as well as some amazing knife seminars that have been open to students and the public. This summer's knife seminars - a combat knife defense seminar and a follow-up combat knife survival seminar - both saw great attendance, and were held on the Sandy River in the beautiful NW forest.

This allowed train with an of a harsh environment. were followed fantastic barbecues, families to join after some



students to added reality terrain The seminars up with summer allowing up and relax fierce training.

Thanks to all who made these a success. We look forward to even more in the future.



Earlier this spring we were visited by our friends from the Colorado Crew. Tavis, it was great to see you. You are welcome any time.

In September, Master Bowers was honored to be invited to the 6th WFMAA Expo & Laban Laro, held in the Seattle, WA

area as a featured instructor. Accompanied by a few of his top students, Master Bowers was welcomed with great hospitality and camaraderie. Featuring Masters and Grandmasters from over the world, this was truly an amazing event. www.worldfma.com

While at the Expo Master Bowers met with Tournament Grand Champion 2nd Lieutenant Cornelio 'Joey' Escobar, who has agreed to appear at the school for a sparring seminar on OCTOBER 25th 2008! Spaces are limited to 20 and available by pre-registry only. Call the school for reservations. All attendees will be required to have sparring gear. Helmets and padded sticks will be available for purchase at the school if needed.

We are getting ready to be hosting another world qualifier for the FMA Disney tournaments. Get ready and be looking for this in January of 2009.

www.usfmaf.org

Berdugo's team also began training hard and getting ready to go back over to the P.I. for the 2009 Kombatan Training Camp in Hinigaran, Negros Occidental. We are, as always very excited about the event and look forward to seeing all of our brothers from around the world.

We will also be hosting seminars by 4 different Grandmasters this coming year, so stay tuned for announcements!

We have some new faces around the school we would like to announce:

Roger Meyers, Mike Thomas, Phil Caveros, Jesse, Arianne, and James. If you have not been in a while, please introduce yourself. These guys are awesome. Also, to those just mentioned, we are very excited to have you as a part of our school. Thank you for putting in your hard work, and welcome to the family.

We also have a promotion to announce:

Jeremy has been promoted to level 4. Great job Jeremy.

To all of our friends, colleagues, brothers, sisters, and students, a sincere thank you and warm wishes to all of you.

Master Mike Bowers, Chief Instructor, USA

Master James Myake, Chief Instructor, Oregon

Mike Millikin, Program Director, Berdugo Martial Arts Center